



Holistic IVF & IUI

Scientific & Spiritual Approach

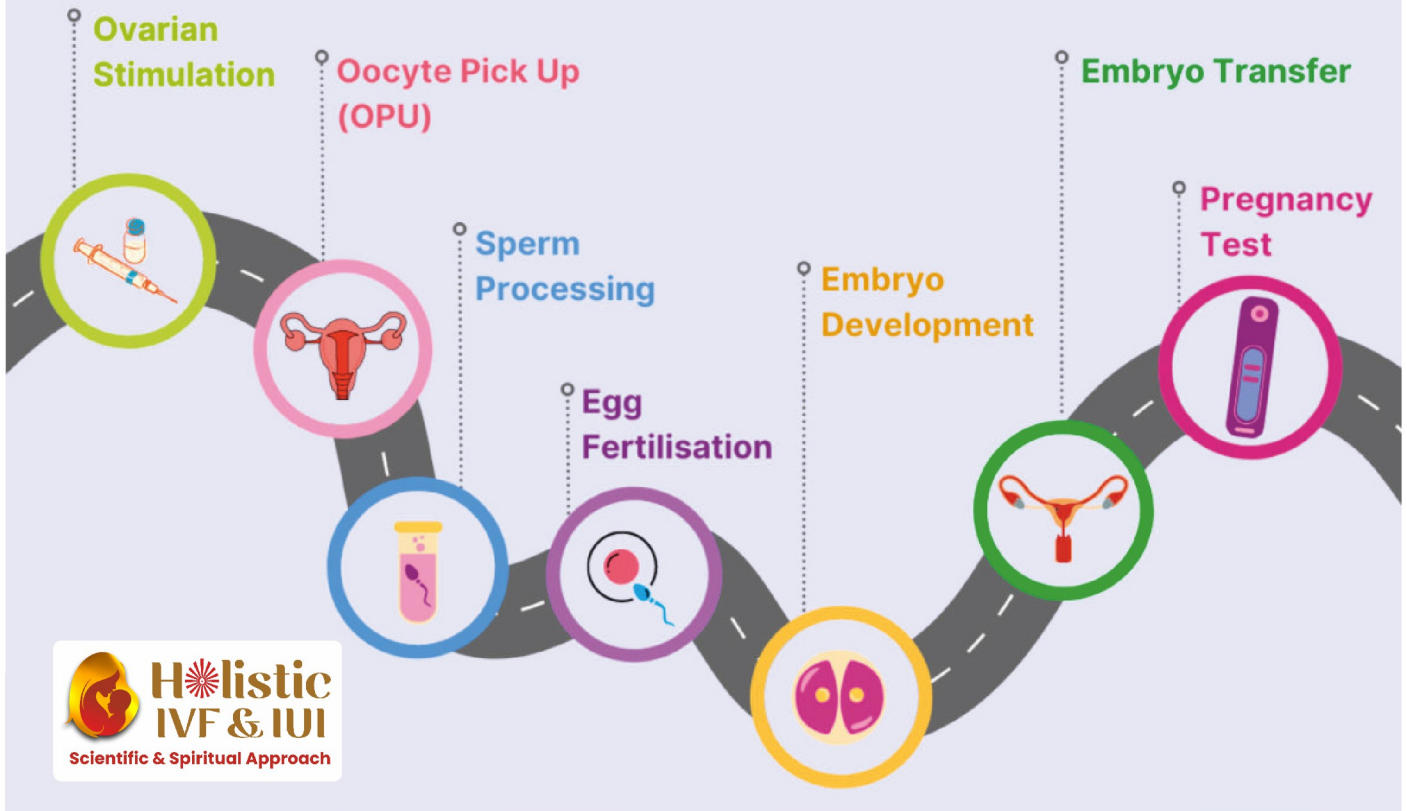
GOLDEN STEPS FOR SUCCESSFUL IVF & IUI

+91 915 892 7937 / +91 982 061 6509 [youtube.com/@holisticivf](https://www.youtube.com/@holisticivf)



Affirmations for IVF Success

IVF PROCESS: A STEP BY STEP GUIDE



SPIRITUAL EMPOWERMENT THROUGH 7 VALUES



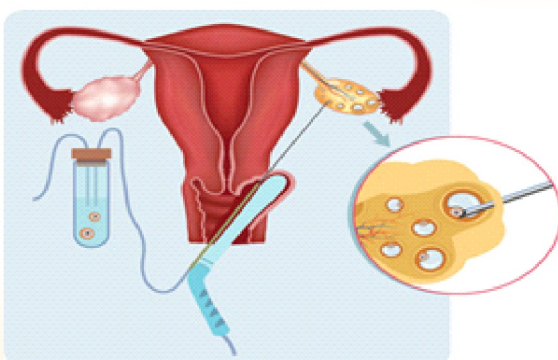
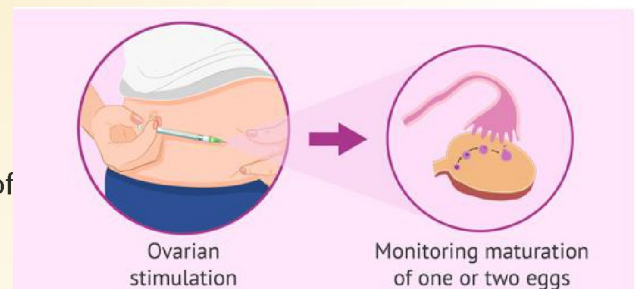
Pre-treatment Medications & Injections & Meditation



- I am a powerful being, child of the Supreme Father God who is taking treatment through a team of powerful divine souls for bringing a divine soul in my body.
- This treatment is going to be successful as God himself is doing this through his children for me.
- I completely love and trust my body.
- My cycle is finding a perfect, regular, balance.
- I am energetic, alert, and fill with divine energy.
- I am healing and becoming pure - physically, emotionally and spiritually.
- I can experience changes in my body, a sign of the medications and meditation preparing my body for a miracle.
- Everyday I am becoming healthier, happier, and more fertile.
- My partner and I are dealing with this with calmness and strength.
- Thank you, God, for all your care, support, love and affection.

Ovarian Stimulation & Womb Preparation

- My ovaries are healthy and fully nourished.
- My ovaries are a reserve of very strong eggs prepared to be retrieved for fertilization.
- My follicles are surrounded by the bright, divine light of growth and mature easily.
- God is empowering these eggs.
- My ovaries and my womb are surrounded with warm and loving energy.
- My uterus is preparing perfectly for the fertilized egg to implant with medication and meditation with Supreme God.
- Every cell of my body is in total balance and harmony.



Oocyte Pickup

- Oxygen, energy, and blood easily circulate through my body and nourish my ovaries, my follicles, and my womb.
- My body is selecting the healthiest and strongest follicle to become a perfect egg.
- My body grows the best egg this cycle.
- My egg is empowered by divine energy of God, the Supreme.

Sperm Processing



WIFE

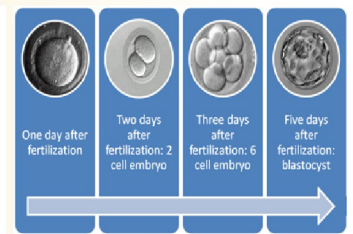
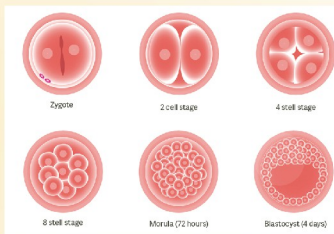
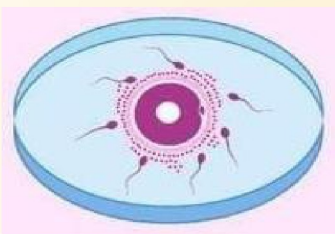
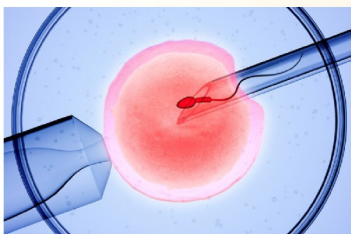
- My husband is God's child and cooperating with me in purity.
- He is getting powerful vibes from Supreme God to have perfect sperms for this divine process.

HUSBAND

- I am strong and healthy.
- I am a pure and powerful soul.
- My body is capable of producing good quality fertile sperms.
- I have powerful sperms.
- I am an active participant in our journey toward becoming parents.
- I am confident I will become a father.
- God, my father, is with me.



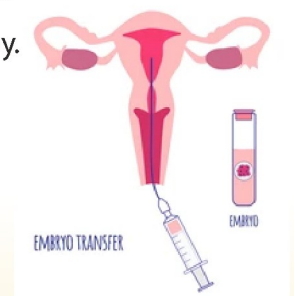
Egg Fertilization



- The fusion of the ovum and sperm is happening in a perfect way with God's grace and a wonderful embryo is created.
- This Embryo is healthy and divine.

Embryo Transfer

- My body welcomes this embryo (divine energy) with love and joy.
- My embryo (divine energy) easily implants in my womb.
- My womb is receptive to a new life.
- My womb is healthy and will bring a divine baby into being.
- Today I am going to be a mediator to gift this divine creation to my family & the world.
- My body and I are ready for this amazing and happy journey with God by my side.
- My body and hormones are working in harmony to support both me and my baby.
- I am confident I will become a mother.
- I am an amazing mother to a very unique child.
- I am spiritually pure and powerful.
- Today is our day for a miracle.

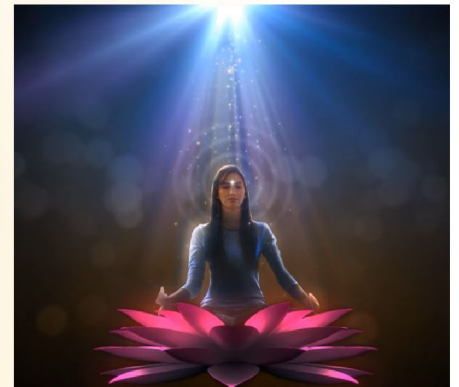


Affirmations (Throughout the journey)



- The Supreme Energy is my constant companion.
- We have created a divine being and will bring him/her into this world together.
- I love myself and accept myself unconditionally.
- I am God's special child.
- I trust the team of doctors treating me.
- I trust myself. I trust my body.
- I am grateful for all the love and support I receive.
- I am surrounded with divine energy.

Affirmations For Donor



- I fill myself with vibrations and powers from the Supreme.
- I am emerging the donor soul in my consciousness and sending vibrations and powers that I receive from the Supreme.
- These vibrations are healing them and their body.
- The best quality eggs or sperms are produced.
- My treatment is successful.
- We are instrumental for bringing a divine being

Subsequent Follow-Ups & Pregnancy Tests

