NEWS & VIEWS

February 2024













Meditation & other Program



Divine Sanskar Research Foundation

Panvel, Mumbai



BrahmaKumaris Mt. Abu, Raj



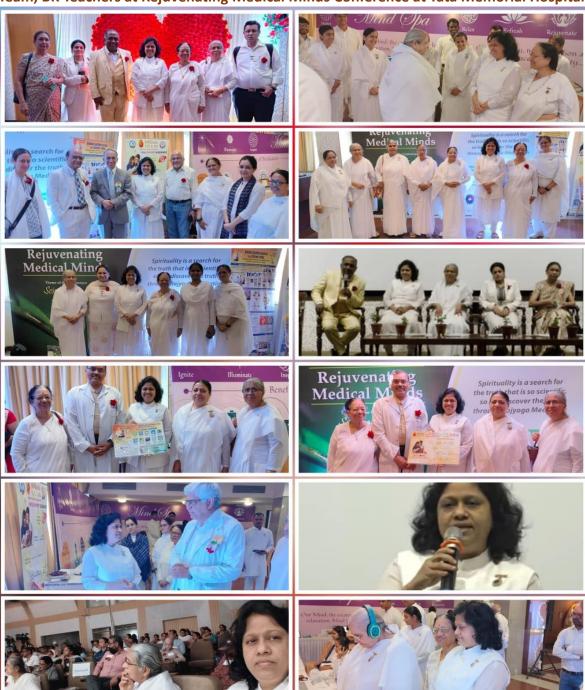
Medical Wing (RERF) Mt.abu





Rejuvenating Medical Minds Conference at Tata Memorial Hospital

Rajyogini BK Santosh Didiji Jt Chief Brahma Kumaris, Dr Ashok Mehta President Medical Wing Brahma Kumaris, Dr. Rajendra Badwe Prof Emeritus Former Director Tata Memorial Centre, Dr Shripad Banavli Director Academic TMH, Introduction of Dr. Prashant Kakoday Cambridge UK, Dr Sachin Parab, Dr Pushpa Pandey, Dr Shubhada Neel, Dr Gautam Lodaya, Dr Reena Tomar, Dr Kaberi Kakati, Dr Nita Sutay, DGS Team, BK Teachers at Rejuvenating Medical Minds Conference at Tata Memorial Hospital.







Holistic IVF & IUI Guide - Hindi Journal released at AMOGS 2024, Pune

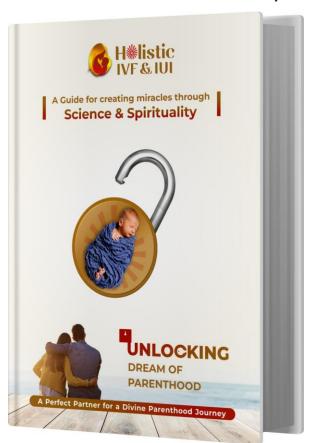
Holistic IVF & IUI Guide - Hindi Journal was released by Dr Nandita Palshetkar President ISAR 2022 - 2024 at AMOGS 2024, Pune.

Greetings by Dr Asha Dalal, Dr Sunita Tandulwadkar, Dr Kiran Kurtkoti, Dr Girija Wagh, Dr Rajendra Singh Pardesi, Dr Meenu Agrawal, Dr Vaishali Chavan, Dr Parag Biniwale, Dr Ameya Purandare, Dr Ajay Mane, Dr Girish Mane, Dr Rohan Palshetkar, Dr P K Shah, Dr Sujata Dalvi, Dr Varsha Baste, Dr Komal Chavan, Dr Archana Baser, Dr M C Patel, Dr Suchitra Pandit, Dr Vidya Thobi, Dr Anju Soni, Dr Human Fatemi, Dr kedar Ganla, Dr Prerana Shinde, Dr Nalini Bagul, Dr Rujuta Mundada, Dr Supriya Arwari, Dr Varsha Lahade, Dr Akash Surana, Dr Swati Chalkhor & other Dignitaries.

We thank Dr Nandita Palshetkar & all the dignitaries for gracing the occasion & for their Greetings.

Thanks to Bella Fem Pharma for their support.

- *Holistic IVF & IUI Guide Hindi* is the first of its kind Indian, Activity based Counselling related Journal for patients undergoing fertility treatment.
- *Holistic IVF & IUI project* aims to increase the success of fertility treatments and improve overall psychosocial wellbeing which in turn would inculcate divine values in the children who are the future citizens of our country.







Holistic IVF & IUI Guide - Hindi Journal released at AMOGS 2024, Pune























Divine Garbhsanskar & Holistic IVF & IUI project service at AMOGS 2024, Pune







Divine Garbhsanskar & Holistic IVF & IUI project service at AMOGS 2024, Pune















H*listic Holistic IVF & IUI Guide Unlocking Dream of Parenthood



Activity based Counseling related Journal For patients undergoing IVF / IUI/ Fertility treatment For Free Download Visit

https://divinegarbhsanskar.in/holisticivfiui/

Highlights of Holistic IVF & IUI Guide

- 130 pages
- · Daily Design Your life Activities
- Affirmation for IVF & IUI Success
- Activities for Mental & **Emotional** empowerment
- 22 Meditation Commentaries
- Yoga Exercise & Pranayama

- Fertility Boosting Diet
- Exercise to Boost Fertility in IVF & IUI
- Practical Tips of Sleep Hygiene
- Auto suggestions for sound sleep
- Comprehensive Guide for Rajyoga Meditation
- Holistic Prenatal Care Guidance
- Available in English & Hindi

For Details Contact

BK Dr Shubhada Neel Director Holistic IVF & IUI Divine Sanskar Research Foundation

98206 16509 / 91589 27937

Holistic IVF channel









Within the laboratory of science and the sanctuary of the soul, fertility treatments weave a narrative of miracles, proving that the extraordinary is born from the collaboration of the empirical and the ethereal.

We would like to extend our heartfelt gratitude to Dr Hrishikesh Pai President FOGSI and Dr Nandita Palshetkar President ISAR for your unwavering support. We are truly honored to have your support.

Thank you for being an integral part of this significant milestone of Launching Holistic IVF & IUI project along with BK Sister Shivani.

We humbly appeal to you to extend your support further by promoting this project among your patients. Encourage them to avail the benefits of our daily free online program.

The unique activity based journal is available for free download on wwww.divinegarbhsanskar.in.

Your ongoing support is pivotal in reaching more individuals and making a positive impact on their fertility journey. Together, we can contribute to the well-being of those seeking guidance and support in the area of ART.

Kind Regards BK Dr Shubhada & Team Holistic IVF & IUI











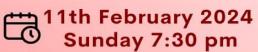
DSRF Brahma Kumaris



Geeta Gyan For Mental Wellness



Dr Pushpa Pandey
MBBS, MD
Senior Gynaecologist
Bombay Hospital, Jabalpur





NEEL HOSPITAL
SECT 1, OPP CIDCO OFF
NEW PANVEL
98206 16509 /9833801570

Please join Meditation course 26 - 28 Feb, Mon - Wed, 4-5 pm Neel Hospital

> BK Dr Shubhada Neel Neel Hospital, New Panvel Divine Sanskar Research Foundation Brahma Kumaris, Panvel





Dr Pushpa Pandey addressed sessions on Geeta Gyan at Panvel Brahma Kumaris
Centre & Neel Hospital New Panvel.
BK Dr Shubhada Neel



























al Wing Brahma Kumaris

CORDIAL INVITATION

Can we prevent
Cervical /Breast Cancer?
&
Divine Garbhsanskar





Sr Gynaecologist Neel Hospital, New Panvel, Gynaec Cancer Expert (Fellow TATA Hosp) Founder, Expert & Director Divine Garbhsanskar & Holistic IVF & IUI Yoga Meditation Expert



Date: 17th Feb 2024, Saturday Time: 6:00 pm - 7:00 pm



BRAHMAKUMARIS
SHIV SHAKTI BHAVAN, BOPODI
OLD PUNE MUMBAI HIGHWAY
NEAR KHADKI RAILWAY STATION
NEXT TO VASUDHA EQUINOX
PUNE 411003
8855032696 / 9420200234

Brahma Kumaris, Bopodi Pune Divine Sanskar Research Foundation, Neel Hospital Panvel

















































Brahma Kumaris DSR

CORDIAL INVITATION

Can we prevent
Cervical /Breast Cancer?

Divine Garbhsanskar





BK Dr Shubhda Neel

Sr Gynaecologist Neel Hospital, New Panvel, Gynaec Cancer Expert (Fellow TATA Hosp) Founder, Expert & Director Divine Garbhsanskar & Holistic IVF & IUI Yoga Meditation Expert



Date: 18th Feb 2024, Sunday Time: 7:30 am - 9: 00 am





UNDRI BRAHMAKUMARIS UNDRI CHOWK PNB BANK KE UPAR 9689974632

Brahma Kumaris, Undri Pune Divine Garbhsanskar Research Foundation Neel Hospital Panvel





Cervical/Breast Cancer Awareness & Divine Garbhsanskar program at Undri Pune Dr Shubhada Neel



























Brahma Kumaris

CORDIAL INVITATION

Can we prevent Cervical /Breast Cancer? Divine Garbhsanskar





Sr Gynaecologist Neel Hospital, New Panvel, Gynaec Cancer Expert (Fellow TATA Hosp) Founder, Expert & Director Divine Garbhsanskar & Holistic IVF & IUI Yoga Meditation Expert



Date: 18th Feb 2024, Sunday Time: 5:00 pm - 6: 00 pm



VIRAJ YOGA **SHOP NO - S 43** SECOND FLOOR DESTINATION CENTRE NANDED CITY, PUNE

7769990296 / 8329074730

Brahma Kumaris, Nanded City Pune Divine Garbhsanskar Research Foundation **Neel Hospital Panvel**





Cervical/Breast Cancer Awareness & Divine Garbhsanskar program at Nanded City
Pune - Dr Shubhada Neel

































Visit to Mamma Melodies, Mateshwari Jagdamba Sarswati , Jagdamba Bhavan Pune - BK Dr Shubhada Neel









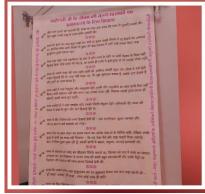




















Visit to Jagdamba Bhavan Pune - BK Dr Shubhada Neel























BK Dr Shubhada Neel with BK Sakshi at her COPE College (College Of Engineering Pune Technological University)



























CORDIAL INVITATION

One Day Experiential Workshop On Unlocking Your Dream

of Parenthood



BK Dr Shubhda Neel

Sr Gynaecologist
Neel Hospital, New Panvel,
Founder, Expert & Director
Divine Garbhsanskar & Holistic IVF & IUI
Yoga Meditation Expert



25th February 2024 Sunday
9am - 2 pm
NEEL HOSPITAL
SECT 1, OPP CIDCO OFF
NEW PANVEL
98338 01570 / 9757389573



BK Vaishnavi Meditation Expert



BK Aarti Motivational Speaker

Highlights-



Who Can Attend
Pregnant Woman & Husband
Couple planning for pregnancy

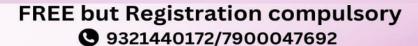
- Tips For Healthy Pregnancy
- ➤ Musical Yoga & Pranayama
- 3 Dimensional Holistic Care Diet, Exercise & Meditation
- Taking the first steps towards Parenthood
- Empowering Self



Please Carry OPD File Water bottle, Notebooks And Pens



LUNCH & TEA WILL BE PROVIDED







Free Divine Garbhsanskar Workshop, Neel Hospital, Dr Shubhada Neel 25 Feb 2024



















नील हॉस्पिटल येथे गर्भवती महिलांसाठी शाळा....



पनवेल वैभव वृत्तसेवा :

डिवाईन संस्कार रिसर्च फाऊडेशन, नील हॉस्पिटल यांच्या मार्फत नील हॉस्पिटल येथे गर्भवती महिलांसाठी शाळा आयोजित करण्यात आली, अनेक गर्भवती महिलांनी या शाळेचा आनंद घेतला.

प्रसिद्ध स्त्रीरोग व गर्भ संस्कार तज्ञ बीके डॉ. शुभदा नील यांनी गर्भवती महिलांना मोलाचे मार्गदर्शन केले. रोज गर्भवती महिलांनी व्यायाम, प्राणायाम व मेडिटेशन करावे जेणे करून गर्भवती माता व बाळ स्वस्थ, खुश राहतात असे वक्तव्य त्यांनी केले. गर्भवती महिलांना, सुपर मॉम व सुपर बालक बनवण्यासाठी धडे दिले. या मोफत गर्भसंस्कार शिबीराचा लाभ जास्तीत जास्त गर्भवती महिलांनी घ्यावा असे आवाहन डॉ.शुभदा नील यांनी केले आहे.

लोकमत

गर्भवतींसाठी कार्यशाळा

नवीन पनवेल : डिवार्डन संस्कार रिसर्च फाउंडेशन, नील हॉस्पिटल यांच्या मार्फत नील हॉस्पिटल येथे २५ फेब्रुवारी रोजी रविवारी गर्भवती महिलांसाठी कार्यशाळा आयोजित केली होती. स्त्रीरोग तज्ज्ञ बीके डॉ. शुभदा नील यांनी गर्भवती महिलांना मोलाचे मार्गदर्शन केले. रोज गर्भवती महिलांनी व्यायाम, प्राणायाम व मेडिटेशन करावे जेणेकरून गर्भवती माता व बाळ स्वस्थ, खुश राहतात असे वक्तव्य त्यांनी केले. गर्भवती महिलांना, सुपर मॉम व सुपर बालक बनवण्यासाठी धडे दिले. या मोफत गर्भ संस्कार शिविराचा लाभ जास्तीत जास्त गर्भवती महिलांनी घ्यावा असे आवाहन डॉ. शुभदा नील यांनी केले आहे.

नील हॉस्पिटल येथे गर्भवती महिलांसाठी शाळा

दैनिक युवक आधार नवीन पनवेल प्रतिनिधी

डिवाईन संस्कार रिसर्च फाऊडेशन, नील हॉस्पिटल यांच्या मार्फत नील हॉस्पिटल येथे २५ फेब्रुवारी २०२३ रविवारी गर्भवती महिलांसाठी शाळा आयोजित करण्यात आली, अनेक



गर्भवती महिलांनी या शाळेचा आनंद घेतला.

प्रसिद्ध स्त्रीरोग व गर्भ संस्कार तज्ञ बीके डॉ शुभदा नील यांनी गर्भवती महिलांना मोलाचे मार्गदर्शन केले. रोज गर्भवती महिलांनी व्यायाम, प्राणायाम व मेडिटेशन करावे जेणे करून गर्भवती माता व बाळ स्वस्थ, खुश राहतात असे वक्तव्य त्यांनी केले. गर्भवती महिलांना, सुपर मॉम व सुपर बालक बनवण्या साठी घडे दिले. या मोफत गर्भसंस्कार शिबीराचा लाभ जास्तीत जास्त गर्भवती महिलांनी घ्यावा असे आबाहन डॉ शुभदा नील यांनी केले आहे.

अलिबाग रायगड टाइम्स नील हॉस्पिटल येथे गर्भवती महिलांसाठी शाळा

पनवेल । डिवाईन संस्कार रिसर्च फाऊडेशन, नील हॉस्पिटल यांच्या मार्फत नील हॉस्पिटल येथे २५ फेब्रुवारी २०२३ रविवारी गर्भवती महिलांसाठी शाळा आयोजित करण्यात आली, अनेक गर्भवती महिलांनी या शाळेचा आनंद घेतला. प्रसिद्ध स्वीरोग व गर्भ संस्कार तज्ञ बीके डॉ शुभदा नील यांनी गर्भवती महिलांना मोलाचे मार्गदर्शन केले. रोज गर्भवती महिलांनी व्यायाम, प्राणायाम व मेडिटेशन करावे जेणे करून गर्भवती माता व बाळ स्वस्थ, खुश राहतात असे वक्तव्य त्यांनी केले. गर्भवती महिलांना, सुपर मॉम व सुपर बालक बनवण्या साठी धडे दिले.





Newsband NAVI MUMBAI, THANE, URAN, PANVEL, F

Workshop for pregnant women at Neel Hospital empowers expecting mothers



By Chandrashekhar Hendve

@seashekhar

n a bid to foster a healthier and happier pregnancy journey, the Neel Hospital School for Pregnant Women, in collaboration with the Divine Sanskar Research Foundation. recently hosted an empowering workshop. The event witnessed the participation of numerous expecting mothers eager to enhance their understanding of prenatal care.

Renowned Gynecologist and Fertility Specialist, Dr. Shubhada Neel, graced the occasion with her expertise, offering invaluable guidance to the attending pregnant women. Neel emphasized the importance of incorporating daily exercises, pranayama, and meditation into their routines to ensure the well-being of both the expectant mother and the baby.

During the workshop, Dr. Neel provided insightful lessons aimed at transforming pregnant women into super moms, fostering the health and development of super babies. The event served as a platform for expectant mothers to learn es-

sential techniques and practices that contribute to a positive and fulfilling pregnancy experience.

Dr. Shubhada Neel expressed her sincere appeal for a higher participation rate the free prenatal care camp, encouraging a maximum number of pregnant women to take advantage of the valuable resources offered. The workshop not only aimed to impart knowledge but also to create a supportive community for pregnant women, fostering a sense of camaraderie and shared experiences.